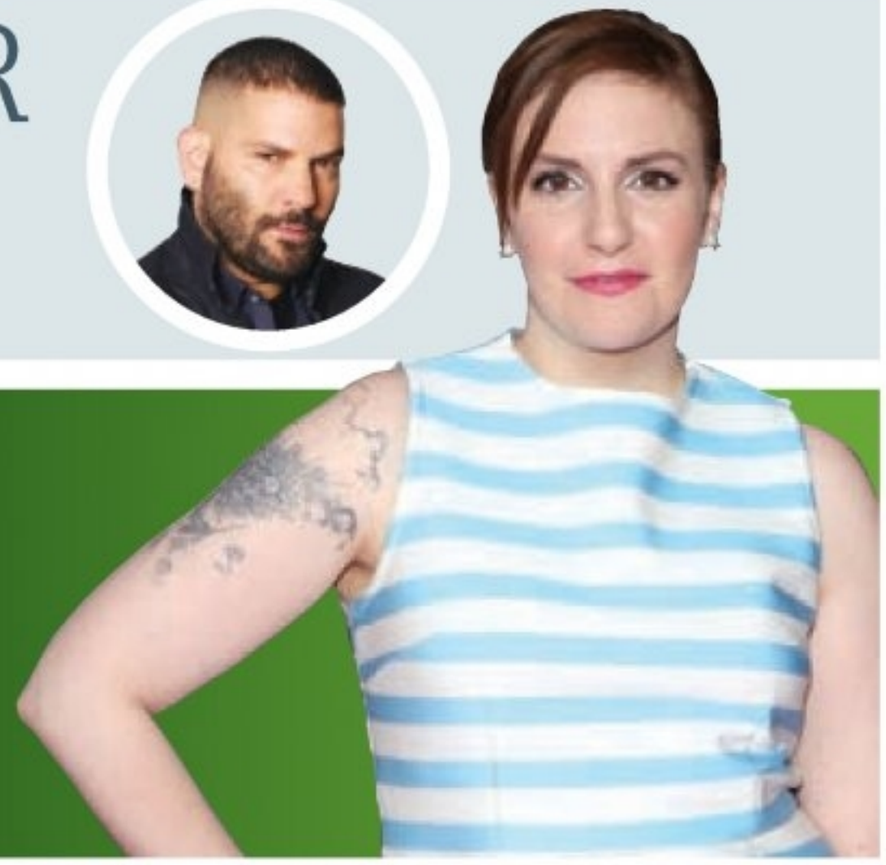
LENA DUNHAM GETS HER 'SCANDAL' DREAM ROLE

WE TALKED TO GUILLERMO DIAZ ABOUT HIS NEWEST CO-STAR. PAGE 12



metro

BOSTON Wednesday, March 18, 2015 www.metro.us | t: MetroBOS | f: MetroBoston

Meet the new Mr. 'T'

Meet the new boss. Frank DePaola, the MBTA's interim general manager, takes the reins after the worst winter in almost 20 years brought Boston to a standstill. He's not planning on a repeat performance next year. PAGE 02

Acting General Manager Massachusetts Department of Transportation, Frank DePaola, on the Green Line. / NICOLAUS CZARNECKI, METRO

Son of Metro's founder, dead at 30

PAGE 06

Kate Upton shares her beauty secrets

PAGE 15

Metro talks Red Sox, MLB with Millar

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1 NEWS

Top 3

The best of Metro.us

1 'Man spray-paints face to evade police'

2 'Kate Upton shares her secret for flawless sun-kissed skin'

3 'OMG: Capsula Mundi burial bags allow corpses to become trees'

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Tackling the most hated job in the Commonwealth

Q&A. Frank DePaola — the new interim general manager of the MBTA — has his work cut out for him.

Brockton native Frank DePaola, 59, just took the reins of an agency that is debt-addled and controversy plagued.

We spoke with DePaola, who is making $160,000 in his current role, about where the MBTA is headed after a record-breaking winter wreaked havoc on the transit system.

What's the biggest challenge currently facing the T?
I think in the short term, we're focused on reviewing the events of this winter, to determine some of the root causes of the service interruptions and see if we can put into place the steps, procedures and physical work to prevent that from reoccurring.

Can you give any assurances what happened this winter won't happen again?
I'm going to say yes. And this is going to sound a little corny, but it's like a three-legged stool. In order for the service to run you need your track and infrastructure, you need vehicles and you need policies and procedures.

What should the T have done differently this winter?
That's a hard one to answer, because going into the winter we know some vehicles fail due to stress.

We went in with a reasonable estimate of many spare parts we would need to get through the winter.

Those three to four weeks in late January through February caused a much higher failure rate of vehicles than anyone anticipated.

So are you saying what happened to the T this winter was unavoidable?
Unanticipated. Clearly, if we knew we would have over 100 traction motor failures, we would have done our best to have that many spare motors available. Going into next winter, we will have more spare motors available.

What do you consider to be the T's biggest failure?
Failure is a bad word. I think as the weather pattern established itself and as we started to have multiple storms, I think the T's reliance on standard operating procedures for storm response proved to be unworkable.

Are there going to be different contingency plans in the future?
One of the things we need to do is to have on-call, contracted work to come in to help respond if we have extreme weather.

Editor's note: This interview has been edited for clarity and space.

DANNY MCDONALD
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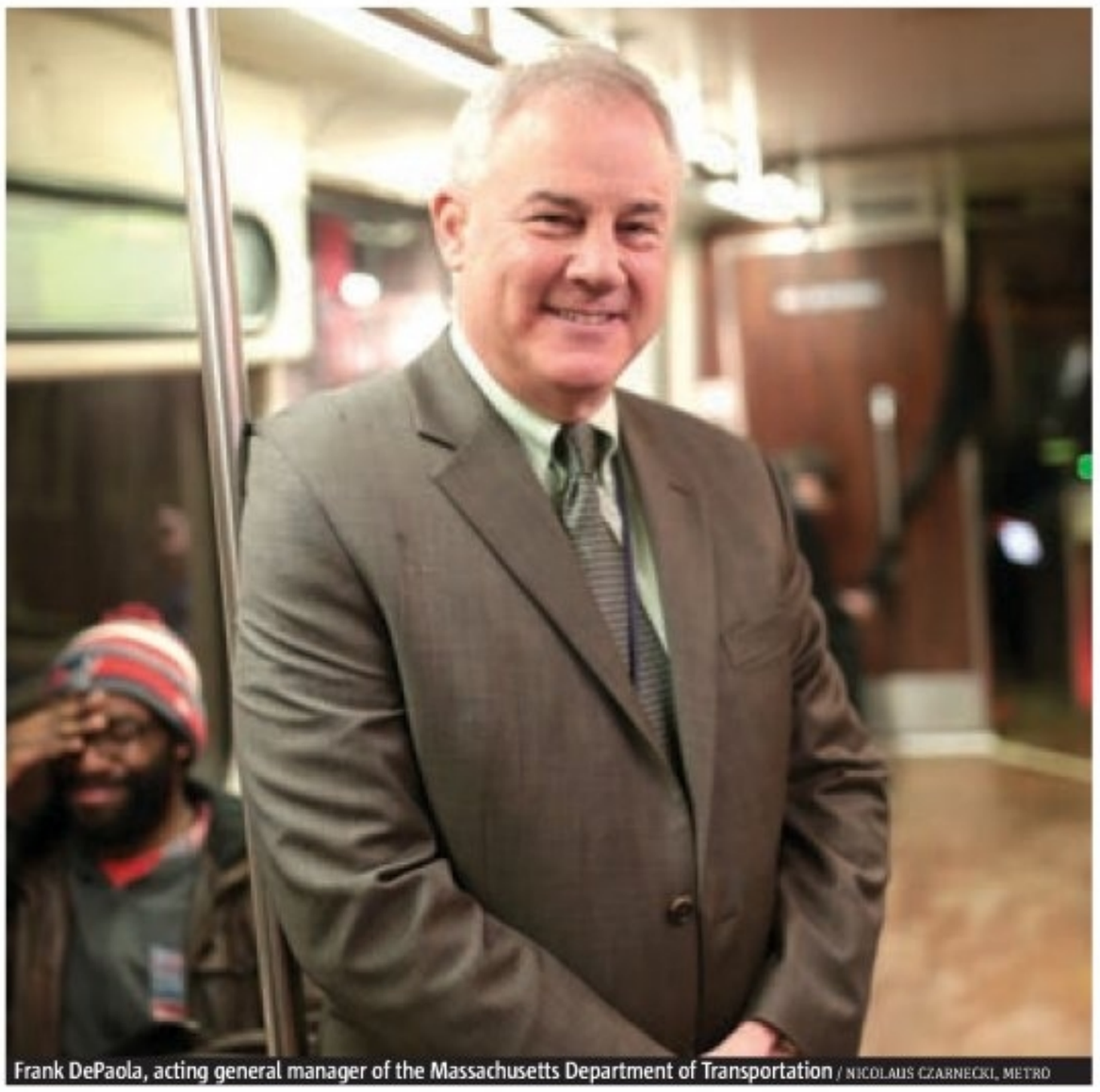
daniel.mcdonald@metro.us


Frank DePaola, acting general manager of the Massachusetts Department of Transportation / NICOLAUS CZARNECKI, METRO

Timeline

Dr. Beverly Scott, who was appointed to the general manager post on Dec. 17, 2012, announced in February that she would resign.

- DePaola began his role as interim general manager on March 4, and will remain in the position until the T completes the search for a permanent chief.
- It will take them several months to do that, DePaola said. He expects to continue the gig through the end of this calendar year.

Quoted

"Our procedures – how we handle our response to storm events – clearly, we need to look at upgrading those to account for extreme weather events when our normal operating procedure is not sufficient to keep us running throughout all storms. Those are the things we need to do."
DePaola, on T changes

Trial. Tsarnaev spoke of 'very strict' brother

Accused Boston Marathon bomber Dzhokhar Tsarnaev, 21, told a high school friend his older brother was "very strict" and might not like him because he was not Muslim, the friend testified on Tuesday.

Stephen Silva, who federal prosecutors contend loaned Tsarnaev the gun used in the shooting, said he had long been friends with the defendant but had never met his 26-year-old brother, Tamerlan.

Tamerlan died following a gunfight with police four days after the bombing.
REUTERS

MBTA

Teen nabbed for 'foolish' stunt

A teen from Braintree is facing charges after hopping the third rail at the Andrew Square T stop following Sunday's St. Patrick's Day parade in Southie.

Transit police say Patrik Finnerty, 19, jumped down from the northbound platform, climbed over the dividing wall and onto the southbound platform at the T stop around 7:45 p.m. Sunday.

His actions, according to MBTA police, prompted train travel to be suspended in both directions while electricity to the tracks was shut off.

Police found Finnerty seated on a bench at the stop waiting for his — you guessed it — train. He told the cops he was just trying to get to the other platform. METRO

Finnerty / MBTA

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Darren Ambler, co-owner, Insight Insurance Agency, Danvers

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SCOTUS. Lawyers for Mass. inmate seeking sex-change petition

Lawyers have asked the highest court in the land to hear an appeal on behalf of a transgender murderer who is seeking sex reassignment surgery while imprisoned in Massachusetts.

Gay & Lesbian Advocates & Defenders (GLAD) this week asked the U.S. Supreme Court to consider the case, saying the Massachusetts Department of Correction (DOC) has denied Michelle Kosilek the surgery for decades "despite the fact that experts have deemed it medically necessary."

Kosilek would launch a lengthy legal battle against the DOC, arguing that agency should pay for sexual reassignment surgery because she suffers from gender identity disorder.

Denying Kosilek that treatment should be considered cruel and unusual punishment, something that violates the Eighth Amendment, her lawyers argue.

DANNY MCDONALD

Quoted

"The way the court ran roughshod over the most basic of legal principles erodes the credibility of the judiciary."

GLAD attorney Joseph Sulman

Gruesome murder

Back in 1990, Kosilek — then known as Robert — killed spouse Cheryl, strangling her to death with a wire and nearly decapitating her in the process. Kosilek was found guilty of murder and sentenced to life in prison without the possibility of parole.

- While in prison, Kosilek began living as a woman "to the extent possible."

Piping fun on St. Paddy's

Members of The Boston Police Gaelic Column of Pipes and Drums put on a special St. Patrick's Day parade on Tuesday at the Franciscan Hospital for Children in Brighton. The visit has become an annual tradition at the hospital. / NICOLAUS CZARNECKI, METRO

Crime. Former Boston English dean arraigned on more charges

The reverend and former high school dean who authorities say shot a 17-year-old male student was arraigned on more charges Tuesday.

Shaun Harrison, 55, of 18 Pompeii St., Roxbury, was held on an additional $150,000 on new charges of unlawful possession of a firearm and single counts of trafficking in cocaine, unlawful possession of ammunition and possession of a firearm in the commission of a felony. His total bail is now $400,000.

Authorities allege Harrison, formerly the dean of students at Boston English High School, shot a teen in the head on Magazine Street earlier this month over a marijuana dispute.

Prosecutors allege Harrison, who has a history of being an anti-gang activist, ran a marijuana ring and used the victim to sell drugs.

DANNY MCDONALD

Smoking

Source: New regs will ban sale of e-cigs to minors

The sale and marketing of electronic cigarettes to minors would be banned under new regulations Attorney General Maura Healey plans to release on Tuesday, according to a source familiar with the announcement.

Lawmakers pushing to regulate the growing e-cigarette industry were unsuccessful last session in getting a bill through the House and Senate. A public hearing will be held in April. SHNS

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Max Stenbeck, son of Metro's founder, dead at age 30

Stenbeck's family. They have asked for privacy and request that any condolences be made in the form of a donation to the American Diabetes Foundation.

Max Stenbeck / BILLY FARRELL, BFANYC.COM

Max Stenbeck, son of Swedish media mogul Jan Stenbeck, and a New York City businessman in his own right, passed away on Monday. He was 30 years old.

Stenbeck grew up on Long Island and attended the prestigious boarding school Choate Rosemary Hall in southern Connecticut (the same school John F. Kennedy attended).

After studying at New York University, Max Stenbeck focused on co-managing the Kinnevik Group, the parent company of Metro US, among other successful media companies, with his sister Cristina Stenbeck.

Stenbeck's death was confirmed by Kinnevik, who released a statement saying Stenbeck had died from complications of diabetes and that he was "a wonderful brother, beloved fiance and devoted uncle."

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US Air Force veteran accused of trying to assist Islamic State

Islamic State / REX USA

A U.S. Air Force veteran has been charged with trying to provide support for the Islamic State militant group, U.S. prosecutors said on Tuesday.

A federal grand jury in New York City indicted Tairod Nathan Webster Pugh for attempting to provide material support to the group and attempted obstruction of justice.

Pugh, 47, of Neptune, New Jersey, is to be arraigned Wednesday morning in federal court in Brooklyn. Michael Schneider, a court-appointed lawyer for Pugh, said his client would plead not guilty.

Prosecutors allege that Pugh attempted to join Islamic State in January by traveling from Egypt to Turkey and trying to cross the border into Syria.

Turkish authorities sent him back to Egypt, which detained him and subsequently deported him to the United States, prosecutors said. Upon his arrival in Egypt, Pugh was carrying several electronic devices, including a mobile phone that had a photograph of a machine gun, authorities said.

In the United States, federal agents searched his laptop computer and other devices and found recent Internet searches for "borders controlled by Islamic State" and a propaganda video by the group.

Although Pugh was arrested in January, the case had been sealed until Tuesday.

Prosecutors said that in the weeks prior to traveling to Egypt, Pugh had been fired from his job as an airplane mechanic for an unidentified company in the Middle East and had lived abroad for a year.

Pugh appeared to have been on U.S. authorities' radar for some time.

REUTERS

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Republican congressman Schock resigns

U.S. Representative Aaron Schock, a Republican from Illinois whose Downton Abbey-styled office launched a series of media reports questioning his use of taxpayer dollars, announced on Tuesday that he is resigning from Congress.

"The constant questions over the last six weeks have proven a great distraction that has made it too difficult for me to serve the people of the 18th District with the high standards that they deserve and which I have set for myself," Schock said in a statement.

Schock did not notify any House Republican leaders before making his decision, a House Republican aide said.

"With this decision, Rep. Schock has put the best interests of his constituents and the House first. I appreciate Aaron's years of service, and I wish him well in the future," House Speaker John Boehner said in a statement.

Schock gained a following for posting flashy photos on social media of himself traveling, surfing and on other adventures. But he was hounded with questions after the Washington Post wrote in February about lavish decorations in his Capitol Hill office based on the television series "Downton Abbey."

"Bright red walls. A gold-colored wall sconce with black candles. A Federal-style bull's eye mirror with an eagle perched on top. And this is just the Illinois Republican's outer office," the Post wrote at the time.

Although staff told the Post that the interior design work had been done for free, the story prompted more investigations into Schock's spending habits, with several media outlets reporting that he failed to disclose some expenditures and had to repay others after improperly using taxpayer funds.

The newspaper USA Today called him one of the top travel spenders in the U.S. House, even out-flying the state's two senators.

SCHOCK / GETTY IMAGES

REUTERS

Press for action on Secret Service scandal

The U.S. Secret Service director was grilled by lawmakers on Tuesday who demanded to know why the agency, entrusted with the president's safety, was not taking action on agents accused of drunk driving on the White House grounds.

Joseph Clancy told a House of Representatives committee that he has no power to fire officers at will.

He said he would not take action until the Department of Homeland Security's inspector general completes an investigation of the March 4 incident.

Republican Representative Hal Rogers, chairman of the House Appropriations Committee, called that response "hogwash."

"I don't care about the office of inspector general. ... You're in charge," said Republican Representative Hal Rogers, chairman of the House Appropriations Committee. "We want to get to the bottom of it right away and I'm disappointed that you have not waged your own vigorous, tough investigation of this."

Clancy also asked the panel for $8 million to construct a White House replica for training at a Secret Service facility.

REUTERS

Premera Blue Cross breached, medical information exposed

Health insurer Premera Blue Cross said on Tuesday it was a victim of a cyberattack that may have exposed medical data and financial information of 11 million customers in the latest case of health care company reporting a serious breach.

It said the attackers may have gained access to claims data, including clinical information, along with banking account numbers, Social Security numbers, birth dates and other personal data in an attack that began in May 2014 and was uncovered on Jan. 29 of this year.

It is the largest breach reported to date involving patient medical information, according to Dave Kennedy, an expert in healthcare security who is chief executive of TrustedSEC LLC.

About 6 million of the people whose accounts were accessed are residents of Washington state, where customers include employees of Amazon.com, Microsoft Corp and Starbucks Corp, according to Premera. The rest are scattered across every state in the United States.

The breach at Anthem and another large one disclosed last year by hospital operator Community Health Systems Inc (CYH.N) involved larger numbers of records than the attack on Premera. Yet those companies said they believed the attackers did not access medical information.

REUTERS

AG candidate Lynch caught in Senate logjam

The nomination of Loretta Lynch, President Barack Obama's choice to be U.S. attorney general, suffered another potential delay on Tuesday when the Senate failed to end a standoff over abortion and human trafficking legislation.

Democrats who oppose an abortion provision attached to the trafficking bill successfully blocked moves to limit debate, meaning it could drag on and crowd Lynch out of this week's Senate calendar.

The White House urged the Senate to act. "We believe Loretta Lynch should be confirmed in bipartisan fashion. She has already waited for far too long," White House spokesman Josh Earnest told reporters on Tuesday.

McConnell fell five votes short of the 60 needed to advance the bill that aims to impose tougher penalties on those involved in human trafficking.

If and when the way is cleared for full Senate debate of Lynch to become the country's top law enforcement official, replacing Attorney General Eric Holder, she faces a tight vote. REUTERS

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2

CULTURE

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Today, Forest Whitaker only wants the best for you, Patton Oswalt feels overwhelmed, and Joss Whedon is out for blood.

@ForestWhitaker: One day someone is going to hug you so tight that all of your broken pieces will stick back together.

@pattonoswalt: Oh great, THE UNBREAKABLE KIMMY SCHMIDT is also terrific. I DO NOT HAVE TIME FOR ALL THIS GREAT TV. #dammit

@josswhedon: I'm a strong believer in karma. But definitely the angry, jealous, Old Testament karma

1

Some Bieber roast jokes went too far for TV

ALL PHOTOS GETTY IMAGES

These celebrity roasts are generally supposed to find the outer edges of good taste and common decency and obliterate them, with caustic insults being the order of the day. But apparently even jokes that are supposed to go too far can sometimes go too far, as some of the material from Justin Bieber's recent roast has been deemed unfit to air on the March 30 broadcast. So where does Comedy Central draw the line? Jokes about Paul Walker's death, apparently. "SNL" newcomer Pete Davidson, for instance, went with, "Justin got arrested for drag racing. Unfortunately, it wasn't with Paul Walker," which didn't go over too well with the audience — or with "Fast and Furious" star Ludacris, who was also on hand.

That joke and a few others won't make the broadcast.

"Sometimes the line is discovered by crossing it. The Paul Walker references will not be in the telecast," a Comedy Central rep tells the Hollywood Reporter. But here are a few of the insults that were deemed just fine:

From Chris D'elia: "You literally are a guy who has it all — except for respect, love, friends, good parents and a Grammy."

From Jeff Ross: "If Anne Frank had heard your music, she would've Uber'd to Auschwitz."

Quoted

"When you get to the county jail, hear me, you're gonna be the first dude who ever had a girlfriend and a boyfriend named Gomez." Snoop Dogg

3

Dolce & Gabbana calls Elton John a fascist

Oh yeah, Elton John? You're going to boycott Dolce & Gabbana because of their outrageous comments about gay parents having "synthetic" children? Well, that apparently makes you a fascist. In a follow-up interview with Italy's Corriere della Sera, Stefano Gabbana is just plain shocked that John would react so strongly. "I didn't expect this, coming from someone whom I considered — and I stress 'considered' — an intelligent person like Elton John. I mean, you preach understanding, tolerance and then you attack others? Only because someone has a different opinion?" the designer says. "It's an authoritarian way of seeing the world. 'Agree with me or, if you don't, I'll attack you.' I even posted the word 'Fascist!' on his Instagram." And that's not a word he throws around lightly.

Dolce and Gabbana, and a group of women who are most likely not gay parents with their "synthetic" children.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
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Emile Hirsch gives good mug shot

Emile Hirsch makes one dapper perp. The actor headed back to Park City, Utah, to answer for assault charges stemming from a fight he had with a female producer at a Sundance Film Festival party in January, and he certainly decided to look his best for the occasion.

Hirsch's mug shot practically looks like a new head shot — and who knows, maybe he'll start using it as one. At least he seems calm, considering he's facing a potential five years in prison and a $5,000 fine.

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Sally Field charms Brooklyn hipsters in "Doris." / SEACIA PAVAO

SXSW: Sally Field tackles Hollywood sexism and ageism

Interview. The Oscar-winning actress returns to her comedy roots in "Hello, My Name Is Doris."

Veteran actress Sally Field wowed audiences at SXSW with her star turn in director Michael Showalter's delightful "Hello, My Name Is Doris," playing an earnest wallflower who becomes the toast of Brooklyn hipster culture. It's a sprightly, comical role, and while Field got her start in lighthearted fare, she's been playing more dramatic roles lately.

But, as she is quick to point out, that's not at all voluntary. "How many times do I get offered comedic scripts? It isn't even that. How many times do I get offered anything worth considering, be it comedic or serious or anything? Welcome to the world," Field says.

"There's an ageism thing all over the place. Certainly it isn't just about comedy, and it isn't just about Hollywood," she explains. "It's certainly illustrated in Hollywood, but there's a dearth — as I think maybe you've heard — a dearth of roles for women. And no roles for women of age that aren't just simply about being old, you know? So to find something like 'Doris' that's just so unique, that's really about people in different stages of their life who become friends, is wonderful."

While he agrees with that assessment of the state of the industry, Showalter for his part thinks his star might be overlooking one crucial mitigating factor when it comes to analyzing the offers she's receiving. "I bet, too, with her there's people that wouldn't even consider [offering her a role]," he says. "They'd be like, 'Well she won't do it.' I'll bet there's an element of that. That she would seem unattainable."

For the record, Ms. Field would like everyone to know that she is in fact attainable — provided the script is good enough.

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SALLY FIELD AND MICHAEL SHOWALTER
TRAVIS P BALL

Quoted

"There's an ageism thing all over the place. Certainly it isn't just about comedy, and it isn't just about Hollywood."
Field

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Ready for a 'Girls'/ 'Scandal' crossover?

Interview. Guillermo Diaz is ready to swap now that Lena Dunham is on "Scandal."

GUILLERMO DIAZ
GETTY IMAGES

Watch "Scandal" (and Dunham's big appearance) Thursday at 9 p.m. on ABC. / ABC

In the world of "Scandal," everyone is hiding something, but Guillermo Diaz's Huck seems to be particularly tortured about his past. Last week's episode saw him finally begin to come forward about his activities in the secret government agency B613, and go on the record about what had happened to him. We caught up with Diaz to talk about what all this means, how weird it is to know Huck's real name and what he could tell us about this week's very special guest star.

So how does it feel to finally learn Huck's real name?
It felt good. It felt a little bit strange. I'm pretty attached to the name Huck, so it was a bit odd to find out that his name was Diego. It was very unexpected.

Has everyone started calling you Diego now instead of Huck?
A lot of people on Twitter are saying, "Do you mind if we keep calling you Huck?" and I'm like, "Yeah, fine, either way." I think people are, even on the show, in episodes we've done after that one, still calling me Huck, so I don't know if Diego's going to stick.

Does it feel a little bit like your character arc all along has been building to this big moment for Huck?
When you see Huck on the street, he always looks like he's in some sort of emotional pain, like there's something going on behind the eyes the whole time. I think keeping that secret, and not thinking that B613 screwed him up so badly that a lot of the time he didn't know if him having a wife and a child was all in his head, if it was real or not real, has been a battle for him for so long.

LISA WEIDENFELD
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New co-stars

LENA DUNHAM
NICOLE WILDER, ABC

What can you say about Lena Dunham being on the show this week?
I can say that she's awesome. I can say that she plays a character that we haven't really seen her do before. She's a very confident woman on the show, very different from her character on "Girls." What else? She's quite sassy and straightforward.

Have you guys all seen the "SNL" spoof she did where she was on "Scandal"?
We were so thrilled. I'm a huge fan of "Saturday Night Live," and you know what they say — once "Saturday Night Live" starts imitating you or whatever show you're on, then you've made it.

Now that she's been on your show, will we see you pop up on "Girls" next season?
I would love that! I want to be Hannah's rebound guy now that she broke up with Adam. I want to be the guy that she screws just to get over him, you know? Why not?

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Compost confidential

Recycle. Turn your food scraps into fertilizer — even if you live in the city.

Don't throw that apple core away — put it in the compost and give it a chance at eternal life.

Before you say "ewww," read on.

Lee Meineke, founder and owner of Philly Compost, first recycled food scraps as a kid in Oregon. She encourages compost virgins to flex muscles they've already developed with regard to other parts of the waste stream.

"Hopefully, they already sort out their stuff for recycling," Meineke says. "It's the same thing. Instead of throwing things away, because there is no 'away' — it has to go somewhere — you can recycle your food scraps just like you recycle your paper and plastics."

For beginners, the easiest path to composting is to save food scraps in the freezer and then drop them off at a collection site — often a farmers market or a local garden. You'll be providing the essential materials for the compost heap. The food waste — no meat, fish or dairy, please — will be mixed with dried leaves to create an active pile of decaying matter, which, after it's "cooked," helps plants grow big and beautiful.

Composting really refers to the act of putting something in an active compost pile (at a garden or in a worm bin) where it will decompose. The benefits include improving soil quality of community gardens and reducing the load on landfills and trash incinerators. When it comes to leftover organic material, "there's no good place for it to go," says Meineke, "except for it to be recycled."

If you're returning unused fruits and vegetables to the food chain, "keeping it as local as possible is the best way," said Teddy Tedesco, project manager at the NYC Compost Project hosted by Brooklyn Botanic Garden. Saving rinds and peels can actually be fun and gratifying. "If you freeze them, you won't know they're there," Tedesco says. "That's a great way to avoid the ickiness that comes with rotting food scraps."

LAURA SILVER
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Save banana peels, carrot skins and those bits of cut-off kale stems. Snug in your freezer, these scraps won't attract critters. / ISTOCK

Urban dwellers

Basic info for beginning composters

http://www.cityofboston.gov/publicworks/wastereduction/composting.asp

Most food waste except meat, dairy and oily foods is acceptable. / ISTOCK

Quick and dirty

What is composting?

Compost refers to decayed organic matter used to help fertilize plants, gardens and trees.

It's also the name of the process by which things like vegetables and fruit scraps and tea bags break down and become compost.

And, yes, you can be part of the process even if you live in an apartment.

Get started today

Compost expert Teddy Tedesco's top tips for getting food scraps to a peaceful — and productive — resting place:

- **Squiggle and wiggle.** If you're into creepy crawlies, go straight for the worm bin.
- **Stash and dash.** Keep your food scraps in the freezer, then drop them off at a Greenmarket or community garden.
- **Save and give.** Store your scraps and then find a pickup service to come and take them away. There are plenty of products designed to help you get started composting in your apartment, like the OXO compost bin above.

Perfect for apartments: OXO compost bin, $19.99, Oxo.com / PROVIDED

PLUS

Pickups

Get a little help

You don't have to find a home for your compost on your own. Local business Bootstrap Compost offers a year-round pickup service, and a weekly pickup costs only $8. Head to www.bootstrapcompost.com for details.

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2	$39,400	$47,280
3	$44,350	$53,220
4	$49,250	$59,100
5	$53,200	$63,840
6	$57,150	$68,650

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Landscaper Jake Kuklick suggests buying native perennials at local nurseries. / BRYN ASHBURN

Prepare for April showers

Shrubs. Forget delicate flowers: Make your backyard green now with woody plants.

Even though we're still digging ourselves out of the snow, it's already officially planting season.

"Woody plants — shrubs and trees — can be planted as early as mid- to late March. Just make sure there aren't any below-freezing nights in the immediate future," advises Jake Kuklick, owner of Mosaic Landscape Restoration, based out of Philadelphia. An added bonus: If you put something in the ground now, it will be ready in time for April showers — which means less watering on your part.

Kuklick, who specializes in ecological design, shared his tips for planting now.

Ground or planter?

"Shrubs like it best when planted directly in the ground, but smaller cultivars of these species can survive in larger planters as well. Holes dug in soil ought to be roughly twice as wide, and the same depth, as the root ball of the plant. Water thoroughly — soak the upper 12 inches of the soil — at least once every five days during summer months."

Call in the pros

"Pruning may be required after a couple of years once the plant is established. Contact a local landscaper with knowledge of native plants to keep your shrub looking happy and healthy."

RACHEL VIGODA
@rachelatmetro
rachel.vigoda@metro.us

What to plant in city backyards

If it's shady:

"For small, partly shaded yards, I like native shrubs such as inkberry and Fragrant sumac. If you have a little more room, winterberry and ninebarks work well. [They] can provide food and a habitat for local birds and insects."

If it's sunny:

"Stay away from too many annuals bought from box stores! They are colorful but die after one season and then become a mess that needs to be removed. Try Black-Eyed Susan and Purple Coneflower, two native perennials."

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Kate Upton: The secret to flawless sun-kissed skin

Beauty routine. The model and actress brings a splash of the Sunshine State to her gig for Bobbi Brown.

Get Kate Upton's glow with pink blush. / PROVIDED

Kate Upton — known for her killer curves — is the face of beauty brand Bobbi Brown. The bodacious blonde, who was featured on the 2012 and 2013 covers of Sports Illustrated, shares her top tips for getting a "model" complexion.

What is your beauty regimen?
I prefer a natural look day-to-day. I'm a Florida girl and love looking like I've been in the sun. On a daily basis, I use Bobbi Brown Bronzing Powder, the Pot Rouge for Lips & Cheeks in pale pink and the Smokey Eye Mascara. I spend a lot of time on planes, so I have a few essentials with me at all times, including mascara and concealer — they fix me when I'm feeling and looking tired from too much traveling.

When it comes to my hair, I like Oribe Conditioner for Moisture & Control — it smells amazing. I also use Leonor Greyl hair masks.

What are the skin care products you swear by?
I always wash my face, tone, then apply a moisturizer. I use Dr. Hauschka Cleansing Cream to wash my face. It's got a bit of a rough texture to it, so it gently exfoliates while it cleanses. I love it because I'm left with supersoft skin. Bobbi's Hydrating Gel Cream is my go-to because it's superlight and doesn't cause my skin to break out. I always follow with sunscreen.

For some extra care if I'm in New York, I'll go to Christine Chin Spa for a facial. I love her microdermabrasion treatment.

What about your body? Do you moisturize, scrub and work out?
I work out three times a week, usually with David Kirsch at the Madison Square Club. He's such a positive person, and he makes me feel great, although I'm not a super on-time person, and he always says, "Get here 15 minutes early!" But I walk out of his gym feeling amazing, even though I'm a sweaty mess.

In terms of product, for body, I moisturize with Bliss Lemon + Sage Body Butter. I also love to get facials — it's one of my favorite things to do. I have really sensitive skin, and whenever I'm on a modeling job, it gets very irritated because they use a lot of different products.

What is the best beauty advice you've gotten?
Growing up in Florida, my mom made a point to put sunscreen on us, so I picked up that routine early on — it's essential. I like using Bobbi's CC Cream because it's a one-stop shop: It moisturizes, leaves behind a nice tint, while protecting your skin with SPF 35. My mom also taught me to wash and tone my face every night. No matter what time I get home, I go straight to the sink to wash and tone. I'm like a robot.

Diet

Do you have any secrets in your diet that help to give you such a beautiful complexion?
I try to eat clean and healthy. I'm lucky because I actually like the food I eat. I love fish or chicken, grilled vegetables, sauteed spinach with feta cheese and a good green juice.

Also, Bobbi showed me that a little pink blush can go a long way.

Who is your beauty icon?
Lauren Hutton. She has this wonderful inner beauty about her. I also like that she keeps her look so natural and clean. Audrey Hepburn is another icon of mine. She was so glamorous, beautiful, and had a great sense of style.

What's your favorite red carpet look?
I like to switch it up. I enjoy playing dress-up and putting on different faces for different events. Great skin with dramatic lashes is my favorite red carpet look.

ELODIE NOEL
MWN

The hot hues look

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Detox the alkaline way

Diet. A tasty cleanse might sound like an impossible dream, but that's the motto of Honestly Healthy.

pH balance

- **Alkaline foods:** Most fruits and vegetables such as leafy greens, lemon, avocado, berries and grapefruit.
- **Acidic foods:** Most animal-based food (fish and meat, dairy, cereals) and processed products.

Natasha Corrett
LISA LINDER

Natasha Corrett wants to reassure you that detoxing doesn't mean you have to do a liquid-only cleanse. "I don't like to use juicing fasts," says the founder of the alkaline diet resource Honestly Healthy Food.

It's a sentiment shared by nutritionist Dr. Larry Dibo-Cohen: "Cleansing diets are usually badly unbalanced and don't contain enough protein."

Honestly Healthy is a resource for living an alkaline life — that is, keeping the body's pH levels from fluctuating. The pH in our body can vary considerably from one area to another, with the highest acidity in the stomach (1.35 to 3.5 pH) and lowest in the pancreas (8.8 pH). Modern diets, especially processed foods, are much more acidic than before the Industrial Revolution.

A study published in the Journal of Environmental and Public Health in 2012 established that alkaline diets had a number of health benefits, such as improving cardiovascular, bone and brain health, as well as preserving muscle mass and staving off high blood pressure and stroke.

Corrett's diet, outlined in her book "Honestly Healthy Cleanse," focuses on "a more gentle cleanse with delicious food, which is more likely to fit into your life." We asked the gourmet vegetarian to share one of her recipes.

ELODIE NOËL
MWN

Recipe. Cucumber and tempeh salad

Ingredients

For the salad:

- 2/3 cup cashews
- 1.5 cups cucumber, cut into small cubes
- 1 large handful sprouts
- 2 large handfuls arugula
- ¼ red onion, finely sliced
- 2 spring onions, finely sliced at an angle
- 2 tbsp. chopped coriander
- 1.5 cups tempeh, cut into small cubes
- 1 tsp. sunflower oil

For the dressing:

- 2 tbsp. rice vinegar
- 1 tsp. agave syrup
- 1 tsp. toasted sesame oil
- 1 tsp. tamari
- 1 clove garlic, finely chopped
- ¼ large red chili, finely chopped
- Juice of one lime and finely grated zest of half
- Pinch of Himalayan pink salt

"This nutritious dish is one of my favorite Asian-flavored salads. If you can get your hands on some mizuna leaves, you can use these in place of the arugula for a super-summery taste. As tempeh is a great source of protein, you can add a handful to any salad you like for a fantastic post-workout protein kick."

1 Start with the dressing. Place all the ingredients except lime juice and zest in a saucepan and heat gently for 3-4 minutes. Remove from the heat and set aside.

2 Toast the cashews, then transfer them to a bowl along with the cucumber, sprouts, arugula, onion, spring onions and coriander.

3 Return frying pan to the heat and cook the tempeh cubes in the sunflower oil until golden brown on all sides.

4 Add the tempeh to the bowl, then add the lime juice and zest to the dressing in the saucepan.

5 Toss the salad together, transfer to a platter and then drizzle with the dressing.

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Dana-Farber's *Mammography Van*

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Wednesday 25	Joseph Smith Community Health Center – Waltham
Thursday 26	Brookside Community Health Center
Tuesday 31	Bowdoin Street Health Center

April 2015	Site
Wednesday 1	Joseph Smith Community Health Center – Allston
Thursday 9	Southern Jamaica Plain Health Center
Tuesday 14	Bowdoin Street Health Center
Wednesday 15	Joseph Smith Community Health Center – Allston
Thursday 16	Neponset Health Center
Thursday 23	The Dimock Center
Tuesday 28	Bowdoin Street Health Center
Wednesday 29	Joseph Smith Community Health Center – Waltham

May 2015	Site
Tuesday 12	Bowdoin Street Health Center
Wednesday 13	Joseph Smith Community Health Center – Allston
Thursday 14	Neponset Health Center
Tuesday 19	South End Community Health Center
Wednesday 20	The Dimock Center
Thursday 21	Manet Community Health Center – Hull, MA
Tuesday 26	Bowdoin Street Health Center
Wednesday 27	Joseph Smith Community Health Center – Waltham

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Se Habla Español
Nou palé Kreyòl

Dana-Farber Cancer Institute Offers Five Common Myths about Food and Nutrition

A healthy, balanced diet is important for anyone who is looking to improve overall wellness. But in a world where it's nearly impossible to tell one fad diet from the next, it can be difficult to determine which foods are actually good for you.

Dana-Farber offers some clarity on some of the most common nutrition myths, debunked:

Myth #1: Frozen yogurt is a guilt-free alternative to ice cream.

Fact: The nutrition value of frozen yogurt depends on its ingredients and how much you eat. With trendy toppings full of fat and sugar, the treat can easily become more unhealthy than traditional ice cream. Try a simple at-home version, such as blueberry frozen yogurt made with non-fat Greek yogurt and fresh or frozen blueberries. If you do visit a frozen yogurt shop, stick with a small portion and top with fresh fruit.

Myth #2: There's no such thing as too much calcium.

Fact: Calcium is necessary for healthy bone growth, but when consumed in excess, for example, a tall glass of milk with each meal and snack, it may actually be harmful for certain individuals. Too much calcium may not be a good idea for men already at risk for or diagnosed with prostate cancer, according to research in the U.K. and the U.S. Stick to more moderate doses of calcium found in nutrient dense foods, such as kale (94 mg per cup) or low-fat, plain yogurt (300 mg per cup).

Myth #3: Frozen diet entrees make a quick, healthy meal.

Fact: While low in calories, frozen entrees are usually packed with sodium, unhealthy preservatives, and processed ingredients.

Take a look at the ingredients before making your next purchase. If you can't pronounce an ingredient or your grandparents wouldn't recognize it, it shouldn't be in your body. Stick to plant-based, organic, or grass-fed protein, whole grains, and fruits and vegetables when possible.

Myth #4: Frozen fruits and veggies are less healthy than fresh.

Fact: Although frozen entrees might be full of preservatives, frozen fruits and vegetables are just has healthy as their fresh counterparts. In fact, frozen produce may be healthier than fresh fruits and vegetables if they aren't farmed locally in the off-season. Nutrients begin to deplete once fruits and vegetables are picked, but freezing produce right away preserves nutrients. Remember to avoid canned fruits and vegetables because of their added sodium, sugars, and preservatives, and stick to frozen or locally-bought produce when possible.

Myth #5: Eating eggs will lead to high cholesterol.

Fact: Eating cholesterol isn't necessarily linked to raising cholesterol. Increases in heart disease related to diet are now thought to be mainly caused by consuming trans fat and excessive saturated fat, coupled with obesity and lack of exercise. Eggs are high in protein, easily digestible, affordable, and versatile, making them a great food for cancer patients, who may have previously avoided them for fear of raising their cholesterol during treatment. For a creative twist on eggs, try our zucchini, onion, and feta frittata, or protein-packed deviled eggs.

Dana-Farber Cancer Institute, a principal teaching affiliate of Harvard Medical School, is world renowned for its leadership in adult and pediatric cancer treatment and research. Designated as a comprehensive cancer center by the National Cancer Institute (NCI), it is one of the largest recipients among independent hospitals of NCI and National Institutes of Health grant funding. For more information, go to www.dana-farber.org. Follow Dana-Farber on Facebook: www.facebook.com/danafarbercancerinstitute and on Twitter: @danafarber.

Want to learn more about the best foods and diet for a healthy lifestyle?
Tune in to a live webchat with Dana-Farbber nutritionist Stacy Kennedy, MPH, RD, on Wednesday, March 25 at 1 p.m.
Watch live at www.dana-farber.org//HealthyDietChat.

Horoscope

♓ Pisces | Feb. 19-March 20
Dedicate some hard work toward improving your credentials. More opportunities to better your career will be the culmination of your efforts.

♈ Aries | March 21-April 20
Your independence is commendable, but don't run yourself ragged trying to do everything yourself. People you have assisted in the past will help you if you ask them. Don't be a martyr; be a winner.

♉ Taurus | April 21-May 21
Letting personal problems interfere with your work will not sit well with your superiors. Poor concentration on the job will result in costly errors. Focus on what you are doing before a mishap occurs.

♊ Gemini | May 22-June 20
Don't fall for the latest "skinny pill" or products that promise unrealistic results. Proper diet, adequate rest and exercise will bring the benefits you desire.

♋ Cancer | June 21-July 22
Go through your personal documents thoroughly and make adjustments that will offset your taxes. Organized paperwork will bring you peace of mind.

♌ Leo | July 23-Aug. 22
Before you decide to sever a partnership, ask yourself what the consequences will be and if there is anything you can do to make it work.

♍ Virgo | Aug. 23-Sept. 22
Moderate investment strategies will be required. Excessive spending on trivial purchases will eat into your savings. Make sure everyone in your household is on the same page.

♎ Libra | Sept. 23-Oct. 22
You have what it takes to get ahead. Rid yourself of bad habits and make changes that will lead to success. Stop thinking and take action.

♏ Scorpio | Oct. 23-Nov. 21
Make amends with anyone you have been treating poorly. Admit the error of your ways and resolve to be more amicable. Your gesture will be met with appreciation.

♐ Sagittarius | Nov. 22-Dec. 21
Any dishonesty on your part will leave you in an awkward position. Face problems head-on rather than ignore them or offer evasive information.

♑ Capricorn | Dec. 22-Jan. 20
You should consider starting a small business on the side. An idea you have for a service or product that could make people's lives easier will be prosperous.

♒ Aquarius | Jan. 21-Feb. 18
Your love life will be uncertain. Give yourself plenty of time to realistically respond to your options. An emotional state of mind will limit your ability to think clearly. EUGENIA LAST

Letters to the editor

Enriched uranium has only one use

President Obama said he would not permit Iran to develop nuclear weapons. However, Iran continues to enrich uranium and the proposed agreement permits Iran to mothball its enrichment equipment.

The important thing to remember is that enriched uranium can have only one purpose — a nuclear weapon. ARTHUR HORN

Race issues cloud stories

Re: Binding wounds doesn't mean burying reality (Metro, March 17) Yesterday's Metro included two letters, both negatively addressing a previous letter by Sal Giarranti who supports the police. One letter even personally blames Giarranti for not doing anything (unless they know each other, I'm pretty sure letter-writer Thomas Wilson has no clue what Sal's feelings are towards bad cops.)

But that is not why I am writing. A few racist emails is the most evidence they got. The statistics used compare black motorists to white motorists. That is not an accurate study. Previous studies have shown that blacks die in car accidents, speed, break motor vehicle laws at a higher rate than whites. Therefore, a simple black driver/white driver is not going to produce accurate statistics. The real problem is being overlooked due to race being injected into this story. Why was the City of Ferguson ordering its PD to write so many tickets? People have resigned and the media will be happy with those stories for a while but Ferguson was only investigated because of the Mike Brown "hands up" lie. How many police departments across the country are writing tickets in order to bolster the budgets of the cities they are supposed to protect? We won't know because when race becomes part of the story, everything else gets overlooked. KEVIN METZ

letters@metro.us
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

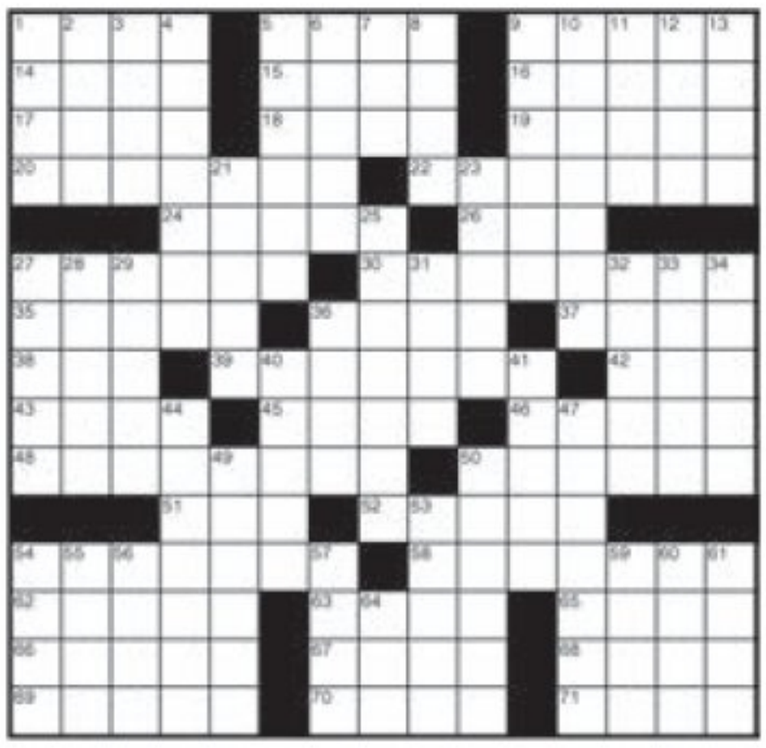
Sudoku: Easy and hard

8					9	2	4	
	4	9	2		1	3	6	
							7	
		2	6	4				
4				5				8
				9	7	6		
	9							
	7	6	4		8	1	9	
	3	8	9					2

	1					4		
		4	3	9			6	5
			2			8		
			4		9			8
6	9		8		5		1	4
5			7		3			
		9			2			
7	2			4	6	5		
		5					2	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across
1 Birthday-cake must
5 Window-frame part
9 Zodiac sign
14 Not pro
15 Comics canine
16 Repeatedly
17 Nature's bandage
18 Slow pitches
19 Deceitful cunning
20 Shade provider
22 Hooky players
24 Thorax
26 She may brood a lot
27 Leaned backward
30 Darn cute
35 Curie or Antoinette
36 Bard's river
37 Cement section
38 Citrus cooler
39 Fussed over oneself
42 PD dispatch
43 Steel- — boots
45 Blows it
46 Dentist's request
48 Like oysters in November, say (2 wds.)
50 Preserved beef
51 Dark brew
52 Pipe up
54 Authoritative order
58 Treadmill user
62 Ess moldings
63 McCartney's "— People"
65 Chaplin's wife
66 Narrow crack
67 NE state
68 Rocker — Jagger
69 Style of Latin American music
70 Pentathlon event
71 La femme

Down
1 Yellow jacket
2 Cuzco inhabitant
3 Black hole, once
4 Brazier
5 Flew alone
6 Goddesses' statues
7 Ad — (wing it)
8 In case
9 More fuzzy
10 Edible lizards
11 Common Seattle forecast
12 Thin gold layer
13 Some binary digits
21 Wool suppliers
23 Geneva's river
25 Inns
27 Violin name
28 Dangerous gas
29 Subarctic tribe
31 Puts on
32 Fake bullet
33 Slip back
34 Dwindled
36 "Space" lead-in
40 Odometer button
41 Reverie
44 Makes numb
47 Trying
49 Iditarod locale
50 Actress — Tripplehorn
53 Make a call
54 Soft shoes
55 — Khan
56 Astronaut — Armstrong
57 Livy's "Lo!"
59 Elbow grease
60 SASE, e.g.
61 Do a fall chore
64 Swab the deck

Visit us online at **Metro.us.**

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

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Millar talks Sox, MLB

MLB. Former Red Sox slugger and current MLB network analyst Kevin Millar chats with Metro about the upcoming season.

Kevin Millar, right, still knows David Ortiz and the Red Sox just as well as anyone. / GETTY IMAGES

MLB Network analyst Kevin Millar is teaming up with Leinenkugel to celebrate the return of craft's most popular summer seasonal beer — Leinenkugel's Summer Shandy.

"When you're getting yourself ready for baseball season, grab a beer — and bam!" Millar said.

The former Red Sox first baseman also talked some baseball with Metro, looking forward to the 2015 season:

What did you think of the Red Sox offseason, addressing their lineup first and foremost?
Their lineup last year was terrible to watch. It was a rough year. They went through some injuries. It was just one of those years. It was the first time in history we've seen it now — last place in 2012, to World Series champs in 2013 and back to last place in 2014. I think they bolstered their offense. I like Pablo Sandoval. I think he's a high-energy guy. I think the Hanley Ramirez thing in left field — hey, he's never played left field, but it's the Green Monster. It's one of those left fields where you can play without a lot of experience. I like what they did.

What are you looking for from Clay Buchholz this season and what did you think of Curt Schilling's criticism of the right-hander?
The problem that we have in society is I think we all try and paint this perfect athlete in everyone that we address. Clay Buchholz is Clay Buchholz. He has great stuff. I think he's a guy that had a rough year last year, but we saw the brilliance that he has in his back pocket. The year before that I think he started out 9-0. You see the ace type stuff, but Clay doesn't have to have the mentality of an ace to get outs and to win games in the big leagues.

I thought he worked hard this offseason. We live very close to each other so [I know] he was in there everyday working out with John Lackey, Brandon Workman, and that is all you can ask for. I think it is unfair to judge a guy's character when the work ethic was there.

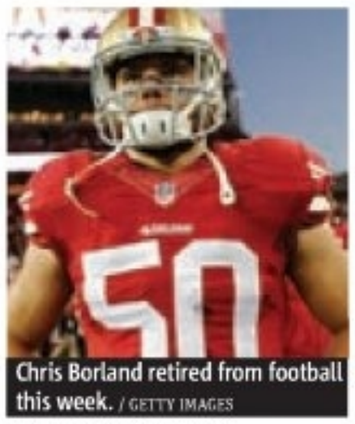
Does it matter the Red Sox don't have an "ace?"
I think that is the one question everyone has talked about – the Red Sox don't have an ace. Well you know what, there are only five aces in the world. Just because you start Opening Day on a big league team doesn't mean you're an ace. I think they have five or six guys who go out and compete. Justin Masterson is a guy, he's got to throw strikes. It wouldn't shock you if he bounced back also. Wade Miley, Rick Porcello — they have guys.

What are your thoughts on the AL East?
I think the Rays will probably be there at the end of the road. The Orioles, how do you bet against them every year with Buck Showalter? The Blue Jays, are you sold on their starting pitching? I don't know what the Yankees are. I don't know if they are a fourth-place team, a third place team, I think the Red Sox are much better and will play much better than they did last year.

RYAN HANNABLE
@RyanHannable
sports@metro.us

Sports news you need to know

NFL player quits because of head trauma concerns


Chris Borland retired from football this week. / GETTY IMAGES

At just 24-years-old, Chris Borland is done playing football. The 49ers linebacker told ESPN that he is retiring because of concerns about head trauma.

"I just honestly want to do what's best for my health," Borland told the network. "From what I've researched and what I've experience, I don't think it's worth the risk."

Borland was set to make $540,000 in salary next season.

"Wow. I loved Chris Borland's game but I can't fault him for calling it quits," St. Louis Rams defensive end Chris Long tweeted. **MATT BURKE**

Former Bills star lands in San Diego

Stevie Johnson agreed to a three-year deal with the San Diego Chargers Tuesday, instantly becoming a top target for Philip Rivers.

Johnson was once one of the elite wide receivers in the AFC, ripping off three straight 1,000-yard receiving seasons from 2010-12 with the Buffalo Bills. But he struggled in his last season in Buffalo and registered just 35 catches with San Francisco in 2014. The Patriots recently showed interest in Johnson. **METRO**

Cowboys show interest in Hardy

Greg Hardy remains a free agent. GETTY IMAGES

Controversial free agent defensive end Greg Hardy is "engaged in ongoing negotiations" with the Dallas Cowboys, according to ESPN's Adam Schefter.

The Buccaneers and Seahawks are also said to be interested in Hardy.

Hardy's stock plummeted this past year after he was arrested and charged with assaulting and threatening to kill his ex-girlfriend.

The former Carolina Panther is still on the NFL's exempt list as the league looks into whether or not he violated the league's personal conduct code. **MATT BURKE**

3 SPORTS

NHL

NHL may change OT format

The NHL may be on the verge of going 3-on-3 when its games reach overtime in the regular season. The league's GMs recommended a new format for OT games Tuesday. Currently, the NHL's overtime format is 4-on-4 for five minutes. If there is no goal scored in the OT, the game goes to a shootout. Going to 3-on-3 would obviously open up more scoring chances. A decision on the matter will likely be reached in June.

Visit **Metro.us** to see the first version of our 2015 NBA mock draft.

Streaking C's looking to strike down the banged-up Thunder

NBA. The Celtics have won five games in a row and have looked strong even without Isaiah Thomas.

Avery Bradley, averaging 14 points per game this season, will see plenty of Russell Westbrook on Wednesday night. / GETTY IMAGES

Like the Celtics, the Oklahoma City Thunder are fighting for an 8 seed.

It's a bit more difficult for OKC out West, of course. With a 37-30 record, the Thunder own just a half-game lead over the Pelicans for the final spot in the West.

The Celtics, still below .500 at 30-36 despite having just ripped off five straight victories, are clawing with the Pacers, Heat and Hornets for seeds 7 and 8 in the East.

The C's and Thunder will meet Wednesday in OKC (8 p.m., CSNNE).

Another parallel between the Thunder and Celtics is that both teams have been without their best player recently. Kevin Durant (foot) hasn't played since Feb. 19 against Dallas while Isaiah Thomas (tailbone) hasn't played since March 9.

Quoted

"[Celtics trainer] Ed [Lacerte] just said it's as tough a bruise as he's ever seen. Again, nobody wants to play more than [Isaiah Thomas]. That's what I appreciate about him. He had himself convinced he was going to play the next day after he fell."

Celtics head coach Brad Stevens

There were whispers last week that Durant was targeting Wednesday's game against Boston as his comeback game while Thomas is expected to miss at least three more games.

"[Celtics trainer] Ed [Lacerte] just said it's as tough a bruise as he's ever seen," Celtics head coach Brad Stevens said. "Again, nobody wants to play more than that kid. That's what I appreciate about him. He had himself convinced that he was going to play the next day after he fell. But hopefully he gets better sooner rather than later."

Without Thomas on Monday against Philly, the C's certainly looked like a playoff team as they thumped one of the league's dregs, 108-89. Boston owned a 38-18 lead after the first quarter against the Sixers. The Celtics had seven players score in double-digits Monday, with Tyler Zeller leading the way with 26. Avery Bradley had a double-double with 20 points and 10 rebounds. Luigi Datome and Jae Crowder each had 10 points off the bench for the Green.

Visit **Metro.us** to see where the Warriors land in our weekly NBA Power Rankings.

As for Wednesday, the Thunder are coming off a 119-115 loss to the Mavericks in Dallas in which Russell Westbrook fouled out. Westbrook (27.5 ppg in 2014-15) has had to shoulder quite the load with Durant and Serge Ibaka out with injuries as he has put up a remarkable six triple-doubles in his last 10 games.

The Celtics are in the midst of a terribly busy month as Wednesday game will already be the 11th game they've played in March. The C's will play the defending champion Spurs in San Antonio Friday before a Sunday-Monday back-to-back at home against Detroit and on the road against Brooklyn. Boston plays 18 games total this month.

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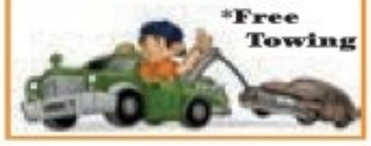

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LEGAL NOTICES

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NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 3/26/15 PS ORANGECO, Inc., 650 Eastern Avenue, Malden, MA 02148.
The personal goods stored therein by the below named occupant (s):

Unit	A1011	Raduazzo, Frank	Boxes, Bags, Totes, Misc.
Unit	A1036	Rodrigues, Nancy	Boxes, Bags, Totes, Misc.
Unit	A1045	Silva-Novais, Jonathan	Boxes, Bags, Totes, Misc.
Unit	A1055	Jacques, Kenneth	Boxes, Bags, Totes, Misc.
Unit	A1071	Hebert, Mark	Boxes, Bags, Totes, Misc.
Unit	A1110	Williams, Donald	Boxes, Bags, Totes, Misc.
Unit	A1159	Dawkins, John	Boxes, Bags, Totes, Misc.
Unit	A1166	Ford, Leona	Boxes, Bags, Totes, Misc.
Unit	A1172	Belcastro, Sylvia	Boxes, Bags, Totes, Misc.
Unit	A1184	Mokeler, William	Boxes, Bags, Totes, Misc.
Unit	A1195	Holland, James	Boxes, Bags, Totes, Misc.
Unit	A1204	Ayuk, Nathaniel	Boxes, Bags, Totes, Misc.
Unit	A1210	Gillis, Andrew	Boxes, Bags, Totes, Misc.
Unit	A1219	Keohane, James	Boxes, Bags, Totes, Misc.
Unit	A1220	Gared, Alemshate	Boxes, Bags, Totes, Misc.
Unit	A1228	Yaffi, Lauri	Boxes, Bags, Totes, Misc.
Unit	A2004	Teixeira, Marco	Boxes, Bags, Totes, Misc.
Unit	A2006	Mungai, George	Boxes, Bags, Totes, Misc.
Unit	A2007	Keezer, Curtis	Boxes, Bags, Totes, Misc.
Unit	A2020	Lincoln, Tonimarie	Boxes, Bags, Totes, Misc.
Unit	A2034	Hill, Charlene	Boxes, Bags, Totes, Misc.
Unit	A2048	Arzubiaga, Rachel	Boxes, Bags, Totes, Misc.
Unit	A2076	Holland, Maureen	Boxes, Bags, Totes, Misc.
Unit	A2077	Harris, Cynthia	Boxes, Bags, Totes, Misc.
Unit	A2085	Campbell, Clifford	Boxes, Bags, Totes, Misc.
Unit	A2091	Smith, Sandra	Boxes, Bags, Totes, Misc.
Unit	A2097	Pagliccia, Paul	Boxes, Bags, Totes, Misc.
Unit	A2109	Keeley, Tim	Boxes, Bags, Totes, Misc.
Unit	A2110	Spencer, John	Boxes, Bags, Totes, Misc.
Unit	A2123	Ojo, Barbara	Boxes, Bags, Totes, Misc.
Unit	A2140	Zhang, Shuzhi	Boxes, Bags, Totes, Misc.
Unit	A2196	Vita, Jacqueline	Boxes, Bags, Totes, Misc.
Unit	A2201	Papa Jr, Richard	Boxes, Bags, Totes, Misc.
Unit	A2245	Cameron, Denise	Boxes, Bags, Totes, Misc.
Unit	A2276	Zapata, Angela	Boxes, Bags, Totes, Misc.
Unit	A2281	Baillergeu, Pierre	Boxes, Bags, Totes, Misc.
Unit	A2285	Sherman, Patricia	Boxes, Bags, Totes, Misc.
Unit	A2294	Carvalho, Lara	Boxes, Bags, Totes, Misc.
Unit	A2308	Taira, Daisuke	Boxes, Bags, Totes, Misc.
Unit	A2314	Davis, Pamela	Boxes, Bags, Totes, Misc.
Unit	A2348	Kazadi, Mukendi	Boxes, Bags, Totes, Misc.
Unit	A2353	Williams, Oliver	Boxes, Bags, Totes, Misc.
Unit	A2363	Ferreira, Errin	Boxes, Bags, Totes, Misc.
Unit	A2369	Nieves, Ruben	Boxes, Bags, Totes, Misc.
Unit	A2380	Sylvain, Frantz	Boxes, Bags, Totes, Misc.
Unit	A2381	Bryant, Andrea	Boxes, Bags, Totes, Misc.
Unit	A2400	Lucio, Marcia	Boxes, Bags, Totes, Misc.
Unit	A2032	Green, Casandra	Boxes, Bags, Totes, Misc.
Unit	A2317	Willcox, Courtney	Boxes, Bags, Totes, Misc.

PURCHASES MUST BE MADE AT TIME OF SALE WITH CASH ONLY. ALL GOODS SOLD "AS IS" and must be removed at time of sale. PS ORANGECO, INC. reserves the right to withdraw units from sale and to cancel auction without further notice. Andrew Berg, agent for owners. Notice posted March 11th and March 18th 2015.

PS ORANGECO, INC.
NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 3/26/15 PS ORANGECO, Inc., 140 Broadway, Everett, MA 02149.
The personal goods stored therein by the below named occupant (s):

Unit	1015	Caruso, Robert	Boxes, Bags, Totes, Misc.
Unit	1024	Montes De Oca, Santa	Boxes, Bags, Totes, Misc.
Unit	1041	Sirignano, Orazio	Boxes, Bags, Totes, Misc.
Unit	1047	Carnevale, Anthony	Boxes, Bags, Totes, Misc.
Unit	1079	Fuller, Reginald	Boxes, Bags, Totes, Misc.
Unit	1093	Vorse, Kathleen	Boxes, Bags, Totes, Misc.
Unit	1095	Jow, Edrisa	Boxes, Bags, Totes, Misc.
Unit	1122	Mahon, Kristen	Boxes, Bags, Totes, Misc.
Unit	1136	Sirignano, Orazio	Boxes, Bags, Totes, Misc.
Unit	1151	Garcia, Tatiana	Boxes, Bags, Totes, Misc.
Unit	2002	Moorehead, Ismael	Boxes, Bags, Totes, Misc.
Unit	2008	Grinnell, Linda	Boxes, Bags, Totes, Misc.
Unit	2017	Nyahe, Stella	Boxes, Bags, Totes, Misc.
Unit	2143	Dapaz, Rilcleia	Boxes, Bags, Totes, Misc.
Unit	2149	Turner, Carmen	Boxes, Bags, Totes, Misc.
Unit	3002	Jenkins, Johnny	Boxes, Bags, Totes, Misc.
Unit	3008	Ditucci, Lucy	Boxes, Bags, Totes, Misc.
Unit	3021	Perry, Jennifer	Boxes, Bags, Totes, Misc.
Unit	3029	Frazier, Jonathan	Boxes, Bags, Totes, Misc.
Unit	3042	Distasio, Vincent	Boxes, Bags, Totes, Misc.
Unit	3065	Brown, Jason	Boxes, Bags, Totes, Misc.
Unit	3066	Papandrea, Gina	Boxes, Bags, Totes, Misc.
Unit	3072	Mcqueeney, Nancy	Boxes, Bags, Totes, Misc.
Unit	3093	Rosario, Rosa	Boxes, Bags, Totes, Misc.
Unit	3096	Francois, Daschka	Boxes, Bags, Totes, Misc.
Unit	3110	Latimore, Olin	Boxes, Bags, Totes, Misc.
Unit	3123	Combies, Adam	Boxes, Bags, Totes, Misc.
Unit	3147	Hani, Hamed	Boxes, Bags, Totes, Misc.
Unit	3212	Riley, Adrian	Boxes, Bags, Totes, Misc.
Unit	3261	Izzo, Sarah	Boxes, Bags, Totes, Misc.
Unit	4044	Moreno, Ernesto	Boxes, Bags, Totes, Misc.
Unit	4071	Mccarthy, Joe	Boxes, Bags, Totes, Misc.
Unit	4124	Sanchez, Florentino	Boxes, Bags, Totes, Misc.
Unit	4195	Gaskill, William	Boxes, Bags, Totes, Misc.
Unit	4198	King, Charmaine	Boxes, Bags, Totes, Misc.
Unit	4225	Pisano, William	Boxes, Bags, Totes, Misc.
Unit	4262	Da Silva, Luiz	Boxes, Bags, Totes, Misc.
Unit	4267	Hernandez, Desiree	Boxes, Bags, Totes, Misc.
Unit	4291	Fenelon, Marie-Lilia	Boxes, Bags, Totes, Misc.
Unit	4310	Detoledo, Marcos	Boxes, Bags, Totes, Misc.
Unit	4314	Whitedear, Nola	Boxes, Bags, Totes, Misc.
Unit	4325	Oreilly, Carol	Boxes, Bags, Totes, Misc.
Unit	L59	Barros, Nelson	Boxes, Bags, Totes, Misc.
Unit	L63	Oliver, Solomon	Boxes, Bags, Totes, Misc.

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